Art classes with a therapeutic focus are provided for children with emotional and behavioral disorders between the ages of 3-18.

Art for Growth

at the Southwest Mental Health Center

The Inspire art instructor meets weekly with groups of 6-12 children to paint, draw or do other artwork. There are two sessions, one for younger children and one for older youth. Classes are designed to enhance personal growth and increase and deepen self-awareness, creativity, and imagination. Through art the children can express difficult or confusing feelings in a safe and non-threatening manner.

Inspire
Community Fine Art Center

Design: Two Way Street (917) 498-3196